The Right Way to Wash Your Hands
Help prevent the spread of the COVID-19 virus.

1. Wet your hands.
2. Use bar or liquid soap to lather up.
3. Wash the front and back of hands and in between fingers too.
4. Wash for at least 20 seconds, just sing Happy Birthday twice.
5. Rinse in warm water.
6. Dry hands with clean towel or air dryer.

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